

*Presents*

## Helping Those We Love Recover: Families in Action



When: Saturday, June 1 & 8, 2013  
 Time: 9:00 a.m. – 2:00 p.m.  
 Where: Henry Ford Wyandotte Hospital  
 2333 Biddle Ave.  
 Wyandotte, MI 48192  
 (Multi-purpose rooms A & B)

➤ Who is invited – Everyone

This seminar is open to parents, professionals and caregivers who want to learn more about mental illness and respond effectively to persons in need.

➤ Topics of discussion

Signs and symptoms of major disorders	Stress management
Dual Diagnoses—role of substance abuse	Communication Skills
Effects on the family	Coping with difficult behaviors
Stigma	Open Panel Discussion

➤ **Cost – Free** A Light lunch is provided. Convenient parking available

RSVP Required for both sessions by May 20<sup>th</sup>. Participants may attend either session separately. **Call Wyandotte Hospital Behavioral Services at 734-246-6038 or email Ms. Pam Foresta at [pforesta1@hfhs.org](mailto:pforesta1@hfhs.org)**

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