



Social Worker

Professional Development Courses

These courses are approved by the Michigan Social Work Continuing Education Collaborative and will provide CEUs for Licensed Social Workers (LMSW or LBSW). Please bring your professional license number to class. Certificates of completion with the number of CEU hours will be presented to participants who attend the entire course, sign in/out and complete an evaluation. No exceptions. Courses open to anyone interested in the topic. Professionals who wish to submit a course proposal in the future should contact valinm@macomb.edu.

Understanding Depression in Children & Teens

Learn about the neurological, environmental, and sociocultural factors that contribute to depression in children and teens. Understand how diet, the media, healthy relationships, and forgiveness can impact healing. Bring a brown bag lunch. (6 Contact Hours)

Course No: 12525 Fee: \$85
 Sa 6/1/2013 9:00 AM–2:55 PM
 CTR. H210. Wilbur, N.

Grief and Loss: Implications of Difficult Changes and Life Transitions

Identify the 5 stages of grief, 2 cultural and ethical considerations, and ways technology and economics impact grief and loss. Gain 3 tools to assist clients with coping. Learn procedures for suicidal clients, identify personal conflicts, and determine when to transfer to another professional. Bring a brown bag lunch. (8 Contact Hours)

Course No: 12526 Fee \$145
 Sa. 6/15/2013 8:00 AM–4:25 PM
 CTR. H210. Wilbur, N.

Understanding Hoarding Behaviors in Utilizing Harm Reduction Strategies

Understand the cognitive aspects of hoarding; identify 7 myths; learn to use harm reduction skills to increase safety in the home; become familiar with assessment tools in hoarded homes and use them to distinguish between hoarding and chronic disorganization. (1.5 Contact Hours)

Course No: 12141 Fee: \$24
 Th. 6/6/2013 6:30 PM–7:55 PM
 CTR. H206. Cruz, J.

Cultural Diversity & Sensitivity: Self-Awareness

Learn about the role of culture and diversity in the treatment process of social work; explore pre-existing attitudes about diverse groups (including, but not limited to African Americans, Muslims, Latinos, LGBTQ, special needs, mentally ill, etc.) noting the impact on therapeutic effectiveness. (3 Contact Hours)

Course No: 12457 Fee: \$45
 Th. 7/11/2013 6:00 PM–8:55 PM
 SOU. C123. Carter, Y.



Alcohol Problems in Intimate Relationships: Identification and Intervention

Describe the “alcohol problem framework” and its implications for treatment and intervention and the significance of alcohol problems in the couple and family context. Tips for how to decide whether to treat, when to treat, and how to select an appropriate intervention. (6 Contact Hours)

Course No: 12140 Fee: \$85
 Sa 5/18/2013 9:00 AM–3:25 PM
 CTR. H210. Essenmacher, S.

Understanding Autism & the Impact on Children, Youth, and Adults

Recognize autism spectrum disorders and their differences; make distinctions between disorders that are a part of other developmental disorders; and appropriately identify how the characteristics affect the various domains of functioning: social and behavioral, language and communication, and learning and intellect. (3 Contact Hours)

Course No: 12681 Fee: \$45
 Th 6/20/2013 6:00 PM–8:55 PM
 SOU. C204. Carter, Y.



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Register Today!

Spring/Summer 2013 classes begin throughout the semester.

Online—Go to www.macomb.edu/webadvisor— Choose Continuing Education Students

Phone—Call 586.226.4807

Stress Management for Counselor and Client

Identify environmental factors of stress; learn ways to combat negative thinking, processing, interpretation, and labeling. Understand physiological reactions to stress (biochemical changes, related physical ailments, and chronic stress) and define, prevent, and cope with personal and client stressors. (3 Contact Hours)

Course No: 12458 Fee: \$45
Th 6/27/2013 5:30 PM–8:55 PM
SOU C119 Klimecki, C.

Violence: Inter-Parental Conflict Effects on Youth Relationships

Explore domestic violence and other forms of aggression between couples, with a focus on teenage victimization and perpetration of physical abuse among peers. (3 Contact Hours)

Course No: 12530 Fee: \$45
Th 5/30/2013 6:00 PM–8:55 PM
SOU C204 Mitchell, C.

Childhood Obesity: The Cause, the Cost, and the Treatment

Study the prevalence of obesity in U.S. children, including the factors of genes and biology and environmental contributors. Understand the negative symptoms and side effects. Provide treatment options such as food management, physical activity, self-esteem, the family, emotional regulation, and stress management. Bring a brown bag lunch. (6 Contact Hours)

Course No: 12527 Fee: \$85
Sa 7/13/2013 9:00 AM–2:55 PM
CTR H210 Wilbur, N.

Pain and Symptom Management

Explore definitions of pain, pain assessment, pain triggers, processing, and implications. Understand options for pain relief/control and how pain affects other aspects of a client's life. Discuss case examples, resources, tools, and the role of the social worker and additional treatment options. (2 Contact Hours)

Course No: 12682 Fee: \$29
Th 8/1/2013 6:00 PM–7:55 PM
CTR H206 Wilbur, N.

Special Pops/Long-Term Care

Understand the issues regarding special populations in long-term care such as LGBT, dementia, mental illness, substance abuse, and the younger clientele. (4 Contact Hours)

Course No: 12685 Fee: \$65
Sa 8/3/2013 9:00 AM–12:55 PM
SOU C123 Chamberlain, A.

Cognitive Behavioral Approach in Therapy

Understand basic concepts of cognitive behavioral therapy. Learn how to identify cognitive disorders, elicit automatic thoughts, structure a session, and use homework with your clients. (4 Contact Hours)

Course No: 12150 Fee: \$24
T 6/11/2013 6:30 PM–7:55 PM
CTR H206 Cruz, J.

Journal Writing with Clients & Groups

Learn to facilitate healing and growth by helping clients write about their inner emotional worlds. Help your clients dig deeper into themselves and help unearth their truths to empower them through writing. Also learn how to facilitate journal writing in groups. (4 Contact Hours)

Course No: 12299 Fee: \$65
T 5/14/2013 7:00 PM–8:55 PM
CTR H206 Segal, A.

Poetry with Clients

Poetry writing is a valuable therapeutic tool, offering clients opportunities for self-awareness, connection, and creativity while experiencing a transformative, healing process. (2 Contact Hours)

Course No: 12298 Fee: \$29
W 6/12/2013 7:00 PM–8:55 PM
CTR H206 Segal, A.



**For more information visit:
www.macomb.edu/continuinged
or call 586.226.4807**